#### 2018 SYMPOSIUM SCHWEIZER SPITZENMEDIZIN



#### Pierre-Alain Clavien

Professor & Chairman, Department of Surgery University Hospital Zurich

# Welche Kriterien garantieren dem Patienten eine hochspezialisierte Behandlung?

Das Beispiel der Chirurgie

Which criteria guarantee a highly specialized treatment?

The example of surgery

#### 2018 SYMPOSIUM SCHWE ZER SPITZENMED ZIN



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# Experience Experience in the learning curve

Danke für Ihre Aufmerksamkeit

#### SPECIAL ESA LECTURE 2018



November Issue 2018

#### Toward a Consensus on Centralization in Surgery

René Vonlanthen, MD, MHA,\* Peter Lodge, MD,† Jeffrey S. Barkun, MD,‡ Olivier Farges, MD, PhD,§ Xavier Rogiers, MD, PhD,¶ Kjetil Soreide, MD, PhD,|| Henrik Kehlet, MD, PhD,\*\* John V. Reynolds, MD,†† Samuel A. Käser, MD,\* Peter Naredi, MD, PhD,‡‡ Inne Borel-Rinkes, MD,§§ Sebastiano Biondo, MD, PhD,¶¶ Hugo Pinto-Marques, MD, PhD,|||| Michael Gnant, MD,\*\*\* Philippe Nafteux, MD,††† Miroslav Ryska, MD, PhD,‡‡‡ Wolf O. Bechstein, MD, PhD,§§§ Guillaume Martel, MD,¶¶¶ Justin B. Dimick, MD,||||| Marek Krawczyk, MD, PhD,\*\*\*\* Attila Oláh, MD, PhD,†††† Antonio D. Pinna, MD,‡‡‡ Irinel Popescu, MD,§§§§ Pauli A. Puolakkainen, MD, PhD,¶¶¶ Georgius C. Sotiropoulos, MD, PhD,||||||| Erkki J. Tukiainen, MD, PhD,\*\*\*\*\* Henrik Petrowsky, MD,\* and Pierre-Alain Clavien, MD, PhD\*

#### **Many Players:**

Politicians, Insurance/other Payers, Hospitals, Physicians, Surgeons, Universities, Private Institutions, Investors, National medical societies ...

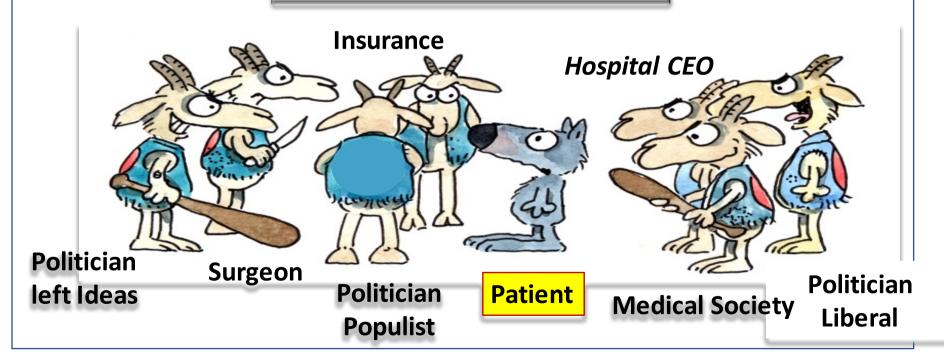




#### Toward a Consensus on Centralization in Surgery

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#### Patients ≠ in the debate









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Justin B. Dimick, MD Antonio D. Pinno

ah, MD, PhD, †††† aolakkainen, MD, PhD,  $\P\P\P$ Tukiainen, MD, PhD, \*\*\*\* re-Alain Clavien, MD, PhD\*

(Europe + North America)

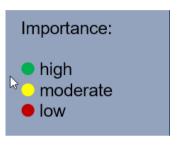
Focus on Patient efinition and Implementation

- Impact on: Outcome, Cost & Education
- Recommendations



#### PATIENT'S PERSPECTIVE

Factors of importance	Patient	Other Perspectives
Quality of care	•	•
Well-functioning care pathway	•	$\circ$
Individualised care-plan	•	
Continuity of treatment	•	
Accesability (contact, information)	•	$\circ$
<b>Involvement</b> in the care process	•	<u> </u>
Waiting time	•	•
Organisation of health care	•	•
Geographic location	•	•
Cost and income loss	•	•



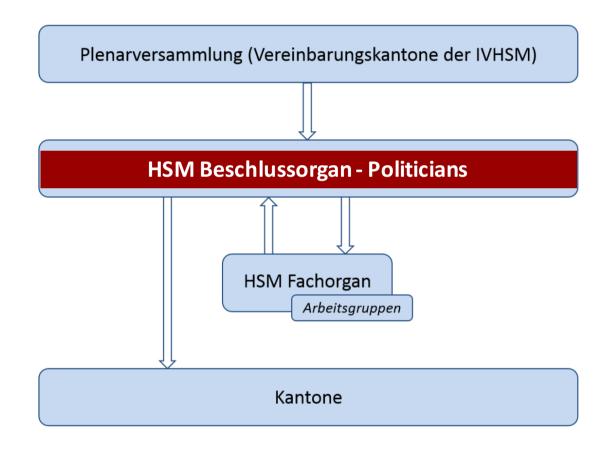


**GDK** Schweizerische Konferenz der kantonalen Gesundheitsdirektorinnen und -direktoren

**CDS** Conférence suisse des directrices et directeurs cantonaux de la santé

CDS Conferenza svizzera delle direttrici e dei direttori cantonali della sanità







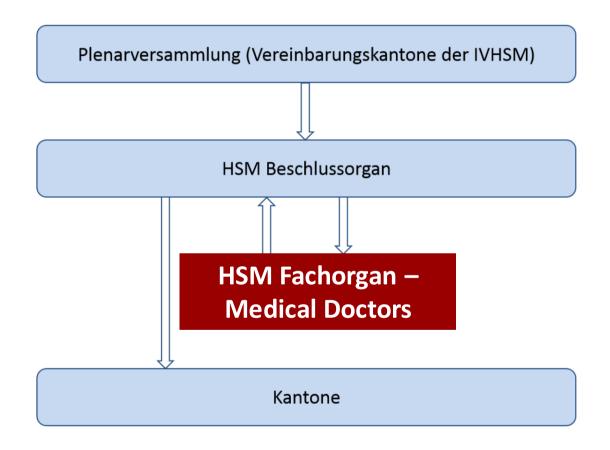


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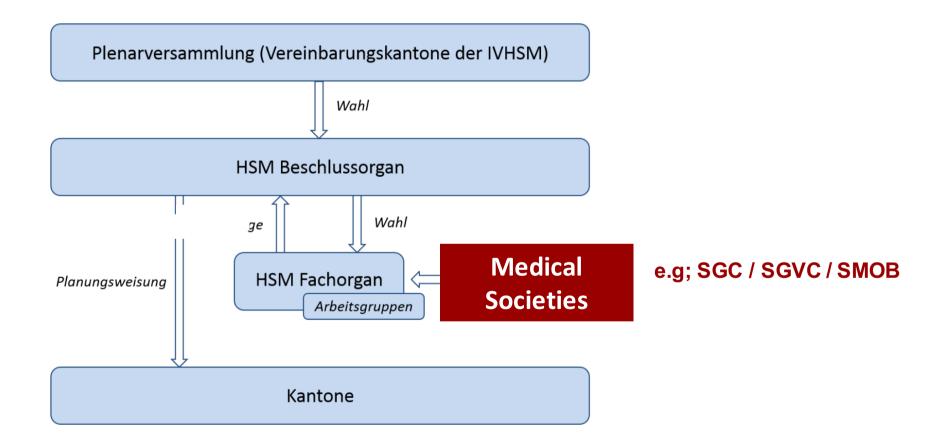


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Even when agreement for a change

→ law suit → blocked



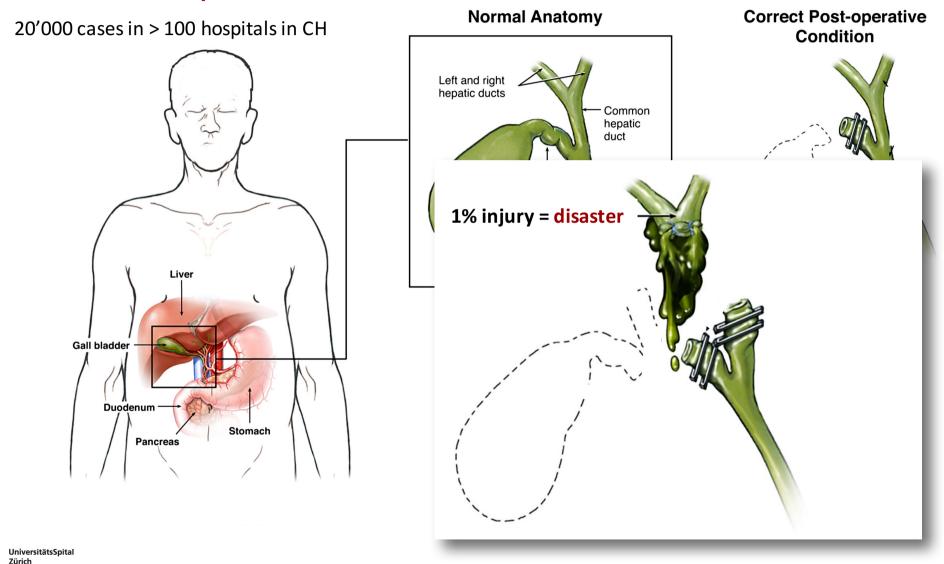


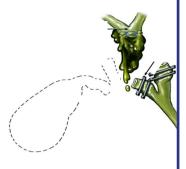
#### **Definition HSM**

- Rare procedures (e.g., 400 bis 1'000 cases / year)
- High potential for innovation
- High need for personal and technical ressources
- Complex procedures



#### **Gallbladder operation**





#### \_ \_ \_ .

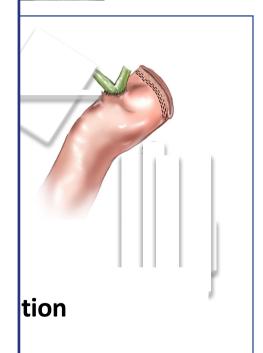
- Formal training
- Volume of patients

**Competent Specialists** 

- Competent colleagues
- A good hospital
- Innovation

#### Scenario 1

- Repair by gener
- Complications (
  - → 9 operation
- 3 m. post-injuryICU to USZ (gene
- Inoperable, dea





Toward a Consensus on Centralization in Surgery Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### **KEY FACTORS FOR QUALITY**

- Hospital- / Surgeon Volume
- Specialization
- «Failure to Rescue»
- Benchmarking



#### Toward a Consensus on Centralization in Surgery Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### HOSPITAL VOLUME



In ¾ of the studies = positive effects of high volume centers on:

- Morbidity
- Mortality
- Length of ICU & hospital stay
- No study = inferior outcome
- Stronger effects for esophageal and pancreatic surgery



#### Toward a Consensus on Centralization in Surgery

Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### HOSPITAL VOLUME



#### But what is high volume?

Esophageal resections: 6 to 30 cases/year

Pancreatic resections: 20 to 50 cases/year

Rectal resections: 11 to 70 cases/year

Wide ranges 

○ Other key factors



#### Toward a Consensus on Centralization in Surgery Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### SURGEON VOLUME



#### Less data

34 of studies positive effect of high surgeon volume

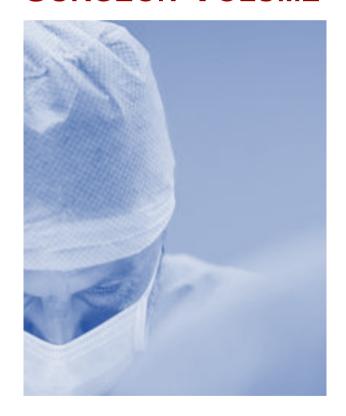
- Mortality rates
- Complication rates
- Length of hospital stay

No study = inferior outcome



#### Toward a Consensus on Centralization in Surgery Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### **SURGEON VOLUME**



#### Cut offs for the definition of high volume surgeons:

Esophageal resections: 6 to 12 cases/year

Pancreatic resections: 4 to 41 cases/year

Rectal resections: 13 to 33 cases/year

Stronger effects of center than surgeon volume

(surgeon experience cannot compensate for center volume)



#### Toward a Consensus on Centralization in Surgery

Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### HOSPITAL VS. SURGEON VOLUME





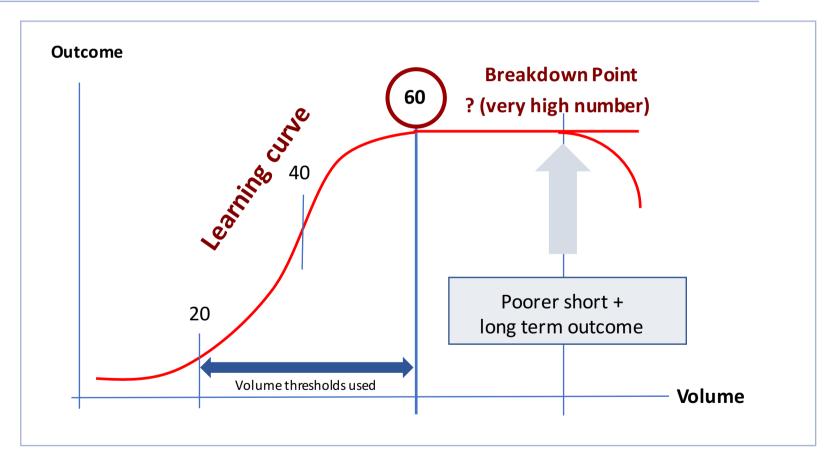
- Center volume → short term outcome
- Surgeon Volume → long term outcome



# ESOPHAGEAL SURGERY

#### WHERE IS THE VOLUME THRESHOLD FOR A HIGH VOLUME CENTER?







Henneman D et al.: Centralization of esophagectomy: how far should we go? Ann Surg Oncol, 2014. 21(13)

#### Toward a Consensus on Centralization in Surgery Vonlanthen R, Clavien PA et al.; Ann Surg 2018

#### **SPECIALIZATION**



The least reported factor in the literature

- > 90% of the studies → positive effects of specialization on outcome
- Morbidity rates
- Mortality rates
- Length of hospital stay
- Enhanced academic output (=innovation)



"Why expert centers can have high morbidity rates...

... BUT 2.5x lower mortality rate?"

#### ORIGINAL ARTICLES

Complications, Failure to Rescue, and Mortality With Major Inpatient Surgery in Medicare Patients

Amir A. Ghaferi, MD, John D. Birkmeyer, MD, and Justin B. Dimick, MD, MPH

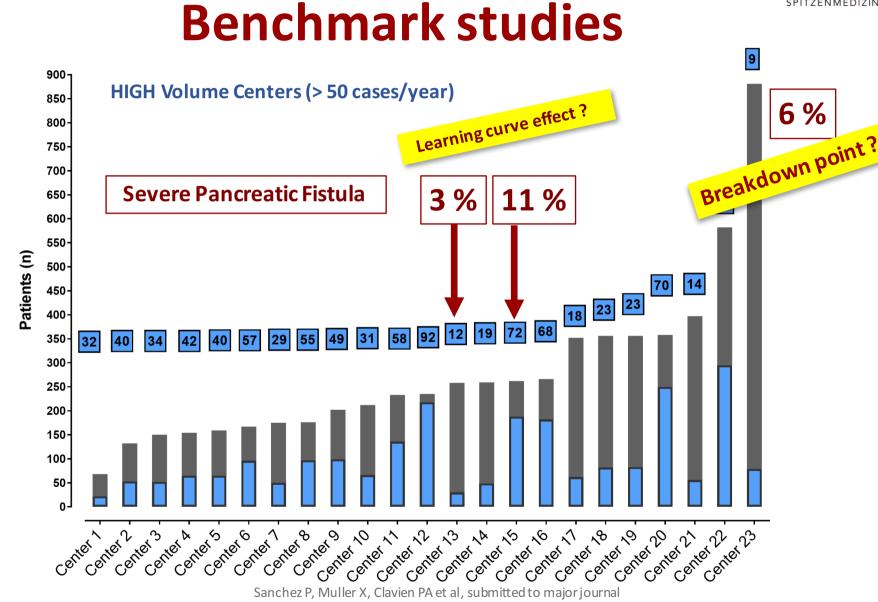
#### **RESCUE – EXPLANATION:**

High volume centers recognize + treat complications at an earlier stage.

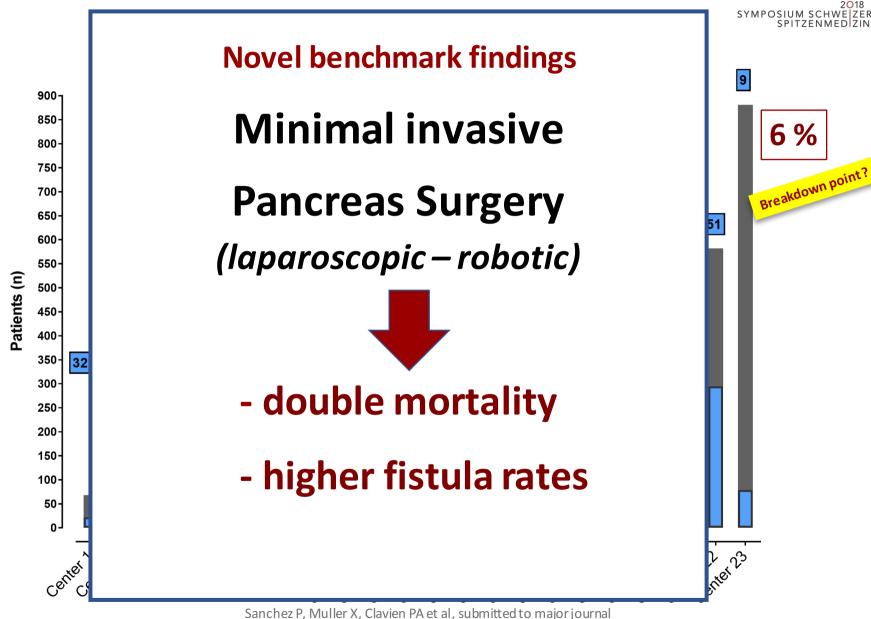
Low volume hospitals fail to rescue from mild complications!

"Why treating more complex cases is a benefit for all patients..."

Benchmark cases (%)Total cases



"Why treating more complex cases is a benefit for all patients..." Patients (n) ■ Benchmark cases (%) Total cases



## SPECIALIZED CENTER



- Failure to rescue rate
- Treat high risk cases
- Multidisciplinary teams
- Better coverage (24h/day, 7/7)
- Specialized intensive care units
- Nurse to patient ratio
- Hospitalists (dedicated physician on the ward)
- More residents...

### Where are we in CH?





- Competence
- No failure
- Successful in difficult situations





# ESOPHAGEAL SURGERY



#### In Hospital Mortality (international)

National outcome studies: 7% - 12%

Center studies: 1% - 4%

Study name	Year !	Low I	<u>ligh</u>	Odds ratio and 95% CI
Allareddy Birkmeyer Dimick, Cataneo	2007 2002 2001	12 1 3	13 20 16	
Dimick, Cowan	2003	2	17	<del>       </del>
		8	9	
Finlayson	2003	3	10	<u>-</u> +=-
Gasper	2009	1	6	
Kuo	2001	5	6	_  <del>- -</del>
Leigh	2009	19	20	
Lin	2006	19	86	
McCulloch	2003	10	21	
Ra	2008	1	2	-
Simunovic	2006	7	44	
Swisher	2000	4	5	
Urbach	2003	2	19	
Wouters	2008	6	7	
				0.1 0.2 0.5 1 2 5 10
				Favors low volume Favors high volume
				Tatolo low tolaine . a lolo lingii tolaine

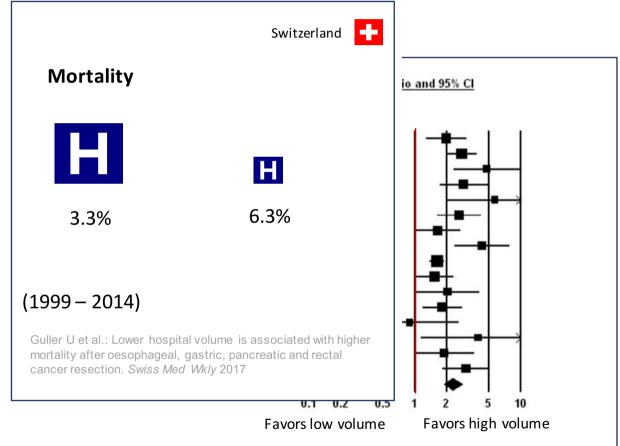
# **ESOPHAGEAL SURGERY**

#### In Hospital Mo

National outcor

Center studies:

Study name	Yea
Allareddy	2007
Birkmeyer	2002
Dimick, Cataneo	2001
Dimick, Cowan	2003
Dimick, Pronovost	2003
Finlayson	2003
Gasper	2009
Kuo	2001
Leigh	2009
Lin	2006
McCulloch	2003
Ra	2008
Simunovic	2006
Swisher	2000
Urbach	2003
Wouters	2008



Wouters MW et al.: The volume-outcome relation in the surgical treatment of esophageal cancer: a SR and MA. Cancer, 2012. 118(7)

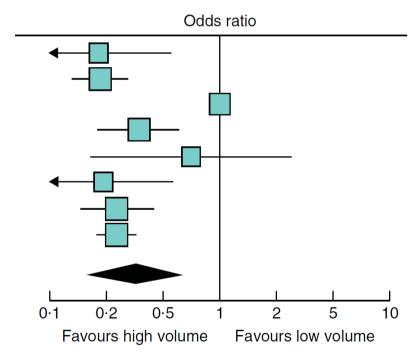
# PANCREATIC SURGERY

#### In Hospital Mortality (international)

National outcome studies: 5%-10%

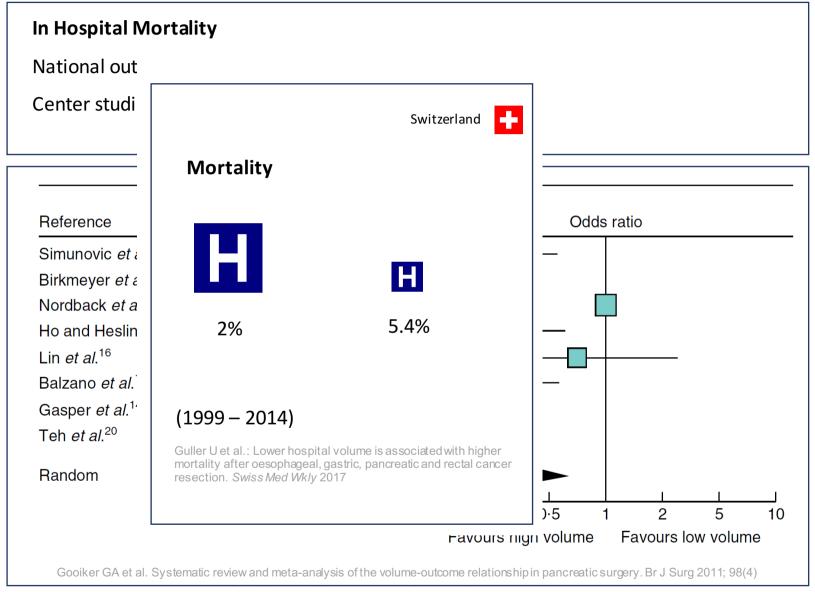
Center studies: <1%- 5%

	Cut-off value		
Reference	Low	High	
Simunovic <i>et al</i> . <sup>18</sup>	2	7	
Birkmeyer <i>et al</i> . <sup>2</sup>	1	17	
Nordback <i>et al</i> . <sup>17</sup>	4	11	
Ho and Heslin <sup>15</sup>	1	10	
Lin <i>et al</i> . <sup>16</sup>	5	33	
Balzano <i>et al</i> . <sup>12</sup>	5	89	
Gasper <i>et al</i> . <sup>14</sup>	5	50	
Teh <i>et al</i> . <sup>20</sup>	2	36	



Gooiker GA et al. Systematic review and meta-analysis of the volume-outcome relationship in pancreatic surgery. Br J Surg 2011; 98(4)





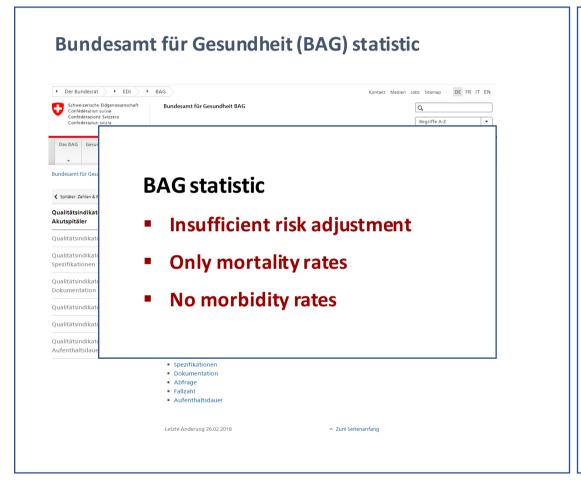
### Where are we in CH?

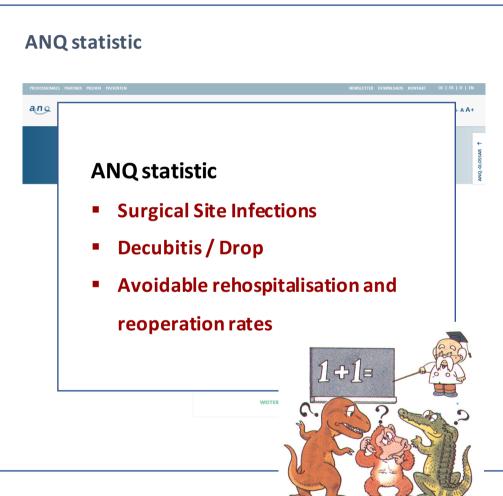


# Do we have data to select the best centers?



#### Data for patients?

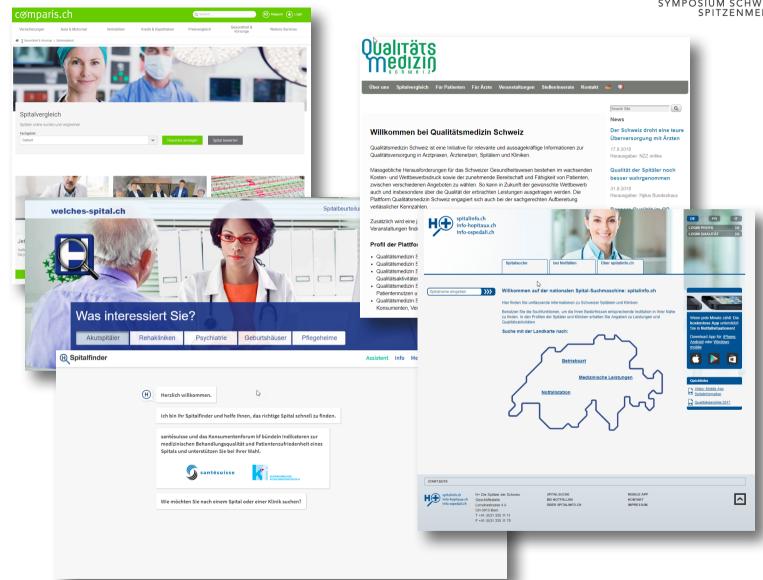






#### **Search engines**

- comparis.ch
- qualitaetsmedizin.ch
- spitalfinder.ch
- spitalinformation.ch
- welches-spital.ch
- ..





#### **Search engines**

- comparis.ch
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- ..

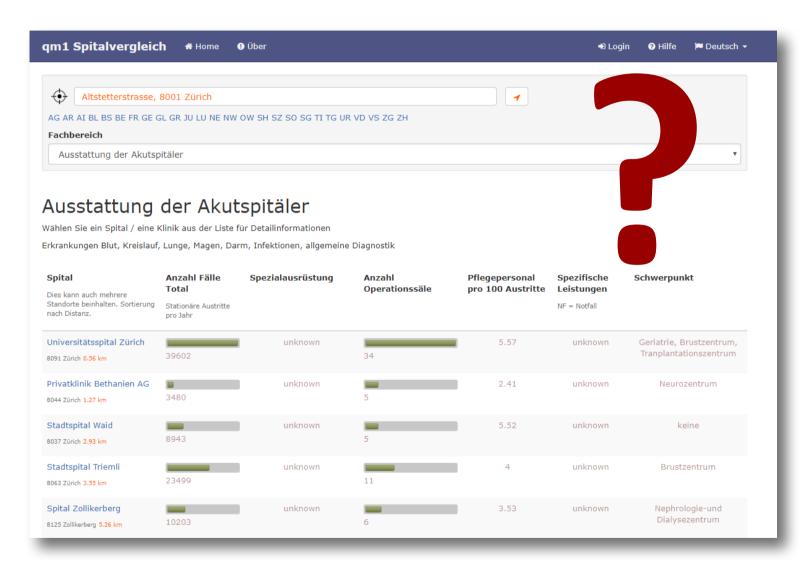
Bestenliste 2018 Deutschschweiz 1		
1. Rang: Praxisklinik Rennbahn, Muttenz	含含含含含 4.6	3
2. Rang: Rosenklinik am See, Rapperswil-Jona	含含含含含 4.5	4
3. Rang: Hirslanden Klinik Belair, Schaffhausen	☆☆☆☆☆ 4.5	4
4. Rang: Klinik Gut AG (Standort Chur)	含含含含含 4.5	3
5. Rang: Klinik Barmelweid	含含含含含 4.3	3
6. Rang: Privatklinik Obach, Solothurn	含含含含含 4.2	5
7. Rang: Spitalregion Fürstenland Toggenburg (Gruppe), Wil SG	含含含含含 4.2	8
8. Rang: Hirslanden Klinik Birshof, Münchenstein	資資資資金 4.1	4
9. Rang: Klinik Gut AG (Standort St. Moritz)	☆☆☆☆☆ 4.0	5
10. Rang: Berit Paracelsus Klinik, Niederteufen	☆☆☆☆☆ 4.0	4
11. Rang: Universitätsklinik Balgrist, Zürich	<b>会会会会</b> 3.9	6
12. Rang: Klinik Hohmad, Thun	☆☆☆☆☆ 3.8	4
13. Rang: Merian Iselin Spital, Basel	含含含含含 3.7	4
14. Rang: Insel Gruppe Bern - nicht-universitär	☆☆☆☆☆ 3.7	11
15. Rang: Klinik Pyramide am See, Zürich 🖜	☆☆☆☆☆ 3.6	4
16. Rang: Klinik Permanence (Hirslanden Bern AG)	☆☆☆☆☆ 3.6	4
17. Rang: Gesundheitszentrum Fricktal (Gruppe), Rheinfelden	<b>会会会</b> 会会 3.5	10
18. Rang: Engeriedspital (Lindenhof AG), Bern	<b>☆☆☆☆☆</b> 3.5	5
19. Rang: Schulthess Klinik, Zürich	<b>会会会</b> 会 3.5	6
20. Rang: Spital Wolhusen (Luzerner Kantonsspital)	<b>会会会</b> 会 3.4	6



welches-spital.ch

#### **Search engines**

- comparis.ch
- qualitaetsmedizin.ch
- spitalfinder.ch
- spitalinformation.ch
- welches-spital.ch





# Where are we in CH?



2014	n	Number of hospitals
<b>Esophageal resections</b>	≈ 300	41
Pancreatic resections	≈ 800	51
Major liver resections	≈ 500	> 60
Rectal resections	≈ 900	> 70











## entres de chirurgie la le au lieu de quarante

s compétences, disent deux spécialistes de Zurich et de Lausanne

ions annuelles pour agréer les centres tout entier. Grosse bataille en vue.

bunal fédéral. Un groupe de travail ommande un minimum de 12 opéra-

s. du CHUV, très expérimenté dans les opérations du danger la sécurité des patients. nt qu'il fau- pancréas, conteste cette vision centralisatrice, qui, dit-il, affaiblirait son hôpital

utorisés à pratiquer cette chirurgie. Une sommités suisses de cette chirurgie on ve ntative de fixer un seuil à 10 opérations lourde, qui traite des affections au foie, au ait été contestée avec succès jusqu'au pancréas, à l'œsophage. Directeur de taire de Zurich, il juge «alarmante» la dis s annuelles. Mais à Fribourg, par persion des sites, quarante à soixante se-

arche par le exemple, le professeur Bernhard Egger, lon les spécialisations, qui mettrait en

«Si on vise l'excellence, si on applique les standards internationaux découlant de la littérature scientifique quasi unanime, si .arre progresser la recherche ratique médicale, la Suisse doit concentrer la chirurgie viscérale dans cinq chirurgie viscérale à l'Hôpital univers grands centres. C'est une question de bon sens.» Pierre-Alain Clavien est l'une des





## Minimal case numbers International



	Mindestfallzahlen					
NL	AU	DE	F <sub>I</sub> R	EN	DK	
20	10	10	30	60	80-100	
20 <sup>2</sup>	10	10	30	80	80-100	
20	10 <sup>5</sup>	20 <sup>7</sup>	30	150 <sup>8</sup>	80-100	
20 <sup>3</sup>	15 <sup>3,5</sup>		30 <sup>3</sup>		80-100 <sup>3</sup>	
1004	25 <sup>6</sup>			100	80-100 <sup>10</sup>	

	Switzerland		
Esophagus	10	12 (?)	
Pancreas	10	12 (?)	
Liver	10	12 (?)	
Rectum	10	12 (?)	
Bariatric	10	12 (?)	







# May be:

the most misleading Factor?

Technology to subsidize competence

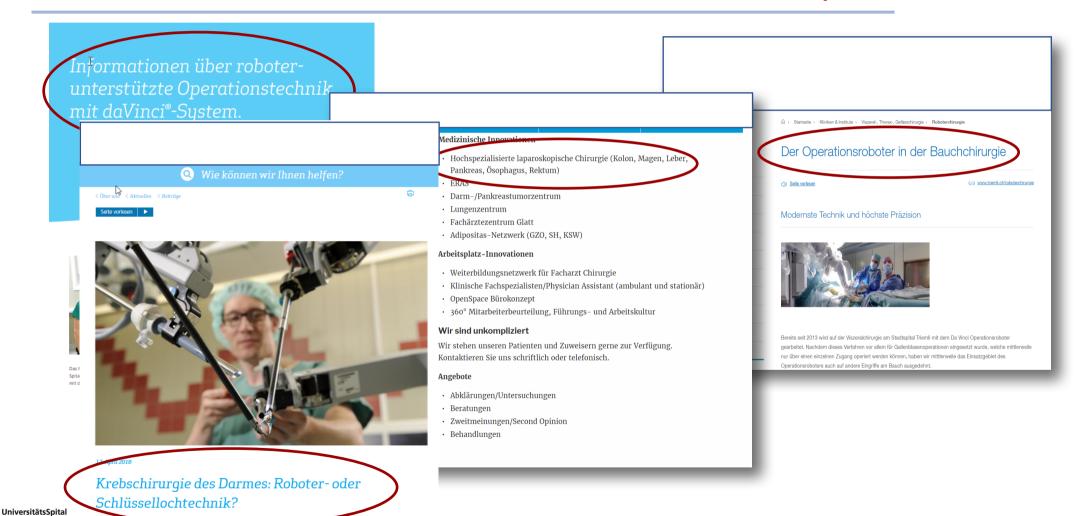


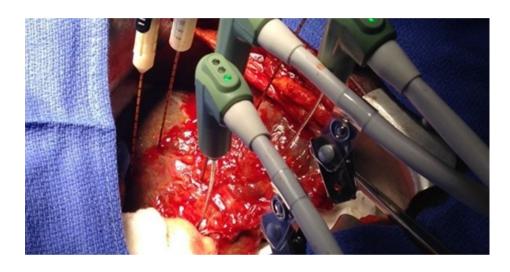
## **Robotics**



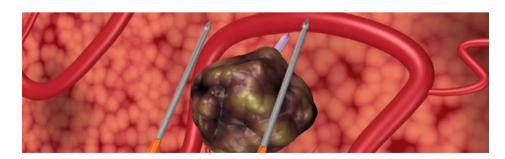


### **Robotics in smaller Hospitals**

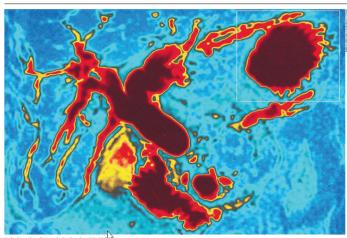




## **NanoKnife - Irreversible Electroporation**



## Mensch & Medizin



#### Mit Stromstössen gegen Krebs

Ein neues Verfahren zerstört schwierig zu operierende Tumoren durch die Haut und schont umliegendes Gewebe. Von Felicitas Witte

er Mann wird vermutlich nur noch wereige Morate leben. In och wereige Morate leben. In och wereige Morate leben. In cheldrite gewachen, und der 76-18hrige kann nicht mehr auf tomogramm sehen die Arte im Universitätsspall in Alessandni (Virginia, LSA) den wier mil vier Zentimeter grossen Tumor, der in Merzeich werden der Erntre gester von der Schaffen der

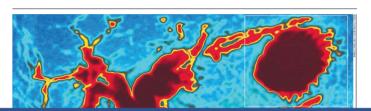
offenen Operation mittels Stromstössen zerstört - andere Gewebe sollen dadurch geschont werden. Drei Monate später können die Ärzte keinen Krebs mehr auf den Bildern erkennen, und die Blutgefässe sehen

bevor er die Technik in Zurich einsetzte, be der irreversiblen Elektroporation werden Elektroden um den Tumor herum placiert. Zwischen jeweils zwei Elektroden setzt der Arzt ultrakurze, kräftige Stromstösse. Dadurch entistehen Löcher in der Zellmenstun, und die Zellmenstun, und die Zellmen gehen zugrunde. «Bas ist so, wie wenn Zellen eines natürlichen Todes stehen», erfällen eines natürlichen Todes stehen», erfällen eines natürlichen die die Gestellen der Selfsten geschont wird und sich die Innere Zellwand in dem Grefässen Weder neut bilden kann. Und das sei auch die Vorteil gegenüber Hermitschen Verfähren, die sonst öffer bei Werden, wie die Radioffrequenn- oder Mikrowellen halten. Dabei werden die Tumozzellen mit Hitze zerstort – aber leider Tumozzellen mit Hitze zerstort – aber leider Die Bei Erfül effe ihrervestible Erkelkropora-

Die Idee für die irreversible Elektropora-tion geht in das Jahr 1898 zurück, als ameri kanische Forscher mit Stromstössen Bakterien in einer Wasserprobe zerstörten. Fünf Jahre später beobachtete man, dass rote Krebs wiederkommts, sagt Schmid. Noch sei es zu früh, die irreversible Elektroporation routinemässig anzuwenden. Er sieht die Therapie eher als Ergänzung zur Operation, etwa wenn man unsicher ist, ob alle Tumor-



Mensch & Medizin



Uncontrolled utilization of novel High tech technologies

Indication?, Cost 个个, Unsafe

Close to criminality (?)



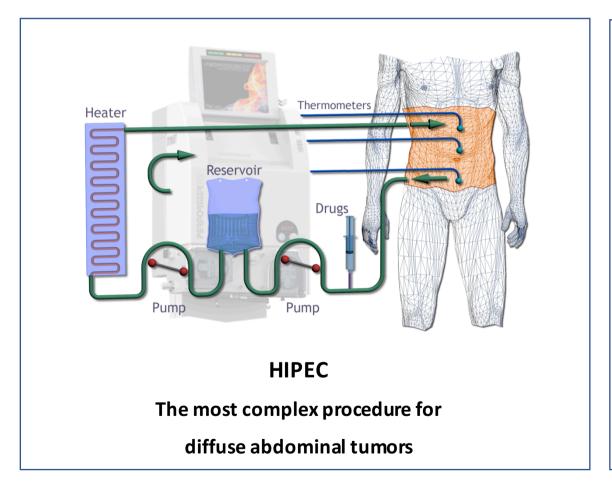


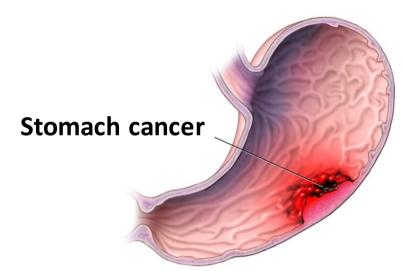
# Forgotten complex high risk and costly procedures





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- Rare tumor
- Long term results = quality of extensive removal of lymph nodes







**Prof. D. Scheidegger**Former President of the Fachorgan

"If we continue like this we will drive the system against the wall."

"Expensive innovation must be restricted to specialized centers with independent monitoring of results and proper audits."

"Surgeons behave like compulsive collector."







**Prof. D. Scheidegger**Former President of the Fachorgan













- No relevant data about quality
- Many, many and more centers
- Many attractive website for best care



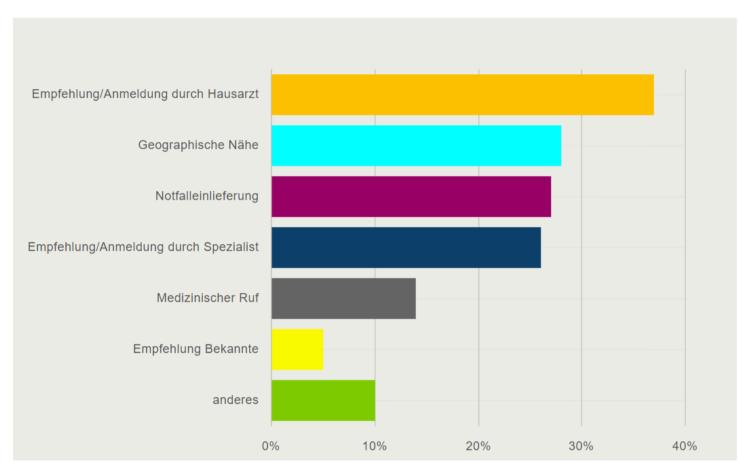




UniversitätsSpital Zürich

## How patients select a hospital in Switzerland







### **QUESTIONS PATIENTS SHOULD ASK:**

1. Definition based on disease (eg, pancreatic cancer) or on organ systems (eg, liver pancreas diseases) rather than a procedure (esophagectomy or pancreatectomy).

2. Planning based on minimal numbers of cases per center



## **QUESTIONS PATIENTS SHOULD ASK:**

3. At least 2 centers per country to secure choice and competition (except for small countries and very rare diseases).

4. Appropriate resources must be secured.



Toward a Consensus on Centralization in Surgery

Vonlanthen R, Clavien PA et al.; Ann Surg 2018

## **QUESTIONS PATIENTS SHOULD ASK:**

5. Centers must offer multidisciplinary teams (MDTs); 7/7



#### **QUESTIONS PATIENTS SHOULD ASK:**

- 5. Centers must offer multidisciplinary teams (MDTs); 7/7
  - Are all medical specialties available 24h/day every day and do you offer proper
  - coverage during absence of an expert?
  - Who will treat my acute arterial bleeding during the WE?
- 6. Centers must be linked to a network of hospitals to secure adequate referral and follow-up.



## **QUESTIONS PATIENTS SHOULD ASK:**

7. Centers must have an externally audited database and are actively involved in clinical studies (including RCTs) and should be encouraged to contribute to laboratory research along with basic scientists.



## **Take Home Message**



- Select specialized centers (credible centralization)
- Avoid small hospitals with fancy (misleading) technologies
- Ask questions (numbers, outcome, .....)

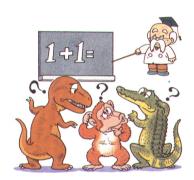


## May be only an idea, a dream, an utopia but ....



**Victor Hugo** 

«Nothing is stronger than an idea for which the time has come.»







"By the way, I'm taking off the first two weeks in August.